If you get sick while traveling out of town, follow the instructions below for locating a provider covered by the MCH insurance plan.

- 1. Go to the Private Healthcare Systems website: http://www.phcs.com
- 2. Click on "Search for a Provider"
- 3. Click on "Search On-Line"
- 4. In the "By Location" box, fill-in the location where you are at and the type of provider needed.

Sy Location:				
	Find providers within:	10 miles of this location (default is 10 miles, you may enter a maximum of 100 miles)		
	Address: (optional)			
	City:	Dallas State: TX Zip:		
	Choose provider Phys type:	ician or preferred healthcare professional		

5. Scroll to the bottom of the Search screen and select "Healthy Directions" under "Choose a Network"

Choose A Network:		
	Healthy Directions	
	Continue [Go]	

- 6. Click the **Go** button at the bottom to begin the search.
- 7. Select the **Physician Specialty** or other criteria to narrow the search.

Physician Specialty:	FAMILY PRACTICE
Gender:	No Preference 💌
Languages Spoken (in addition to English):	No Preference 💌
Hospital Affiliations:	No Preference
Get Results [Go]	

- 8. Click the **Go** button at the bottom to begin the search.
- 9. A list of providers matching your criteria will be displayed. Click on the Provider's name for details. You should contact the provider to verify insurance coverage.