The MCH Patient Navigation Program
Medical Center Hospital is proud to offer the MCH Patient Navigation Program to individuals receiving treatment in our facility. The MCH Patient Navigator is a certified oncology nurse specially trained to help patients diagnosed with breast, lung and colorectal cancer to navigate the healthcare system. All patient navigation services are offered free of charge through Medical Center Hospital.

**MCH Patient Navigators**
- Guide patients through the medical experience
- Provide emotional support during a stressful time
- Support patients through their diagnosis and treatment
- Help connect patients with community resources
- Offer support and education
- Assist in getting answers to patient’s questions

For more information on the Patient Navigation Program, call (432) 640-1578.

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The STAR Program®
The STAR Program®, certified by Oncology Rehab Partners, provides comprehensive rehab therapy to cancer survivors who live with the side effects of oncology treatment. The program focuses on the unique, individual needs of cancer survivors and offers customized rehab plans developed by a team of specialists ranging from physicians and physical, speech and occupational therapists to dieticians and mental health professionals. This interdisciplinary approach is intended to help cancer survivors heal physically and emotionally.

STAR Program® cancer survivors learn how to increase strength and energy, alleviate pain, improve daily function and enhance quality of life. Services provided under this program are reimbursable and covered by most health insurance plans.

For more information, call the MCH STAR Program® at (432) 640-6000.

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*Nancy Rangel,*
*Breast Cancer Survivor*

“When I was diagnosed with breast cancer, I was so confused I just didn’t know what to do. Thank goodness for my patient navigator. She took me by the hand and helped me get through this critical time in my life.”

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*Kim Hubbard,* RN, BSN
*Beverly Holstein,* RN, OCN
*Maribel Rogoff,* RN

*Medical Center Hospital*
*A Member of Medical Center Health System*

500 West 4th Street
Odessa, TX 79761
(432) 640-6000
www.mchodessa.com
At Medical Center Hospital, patient care is not only innovative, but compassionate as well. We assist our cancer patients and their loved ones with treatment, support, education and expert care. In partnership with West Texas Cancer Center, we reach out to cancer patients throughout seventeen counties in West Texas. Services include in-patient chemotherapy, supportive cancer care, pain management and education, plus outpatient services as needed. It’s advanced cancer care close to home.

**West Texas Cancer Center at MCH**

Since our inception, Medical Center Hospital has been a source of strength and hope for patients, families and friends. Working in partnership with Texas Oncology, we provide a full range of cancer-fighting capabilities right here in West Texas, which means you’ll never have to travel far from home to get the best treatment options available. From the most prevalent cancers like breast, prostate and skin, to more atypical forms such as leukemia and lymphoma, a skilled and caring staff administers the most advanced treatment possible through diagnostic imaging, pharmaceuticals, radiation therapy, chemotherapy along with patient and family support.

Our advanced cancer technology includes:

- **Image Guided Radiotherapy (IGRT)**
  - Physicians can quickly pinpoint tumors with greater precision. IGRT means faster treatment, greater comfort and the potential for improved outcomes.

- **High Dose Rate Brachytherapy (HDR)**
  - Using computer-controlled delivery, HDR delivers radiation accurately, honing in on cancerous tumors, preserving healthy tissue and organs. It can be utilized to treat cervical, uterine, lung and prostate cancers.

- **Intensity Modulated Radiation Therapy (IMRT)**
  - Today, we can target tumor cells utilizing this three-dimensional imaging system, without using needles or catheters. Tightly focused radiation maximizes dosage and minimizes adverse affects.

**Infusion Services**

The Medical Center Hospital Infusion Services Clinic is spacious and comfortable with a staff of specially trained oncology nurses who have earned certifications in PICC insertion, chemotherapy and biotherapy. Our nurses also play an integral role in coordinating care with clinical pharmacists and physicians, and work diligently to ensure the best possible outcomes for our patients.

MCH Infusion Services is equipped to accommodate a number of patients at any given time and is capable of providing a wide range of treatments – fully encompassing the care available in our region.

Infusion services include:
- Inpatient Chemotherapy
- Blood & Blood Product Transfusions
- Phlebotomy
- Intravenous Antibiotics
- Immunoglobulin Therapy
- Colony Stimulation Factors
- High-Dose Steroids Chemotherapy
- Remicade
- Anti-Infective Therapy (Antifungal, Antiviral)
- Hydration
- Peripherally Inserted Central Venous Catheters (PICCs)
- PICC Line & Port Management
- Lovenox Bridging

**The Lung Screening Program**

When it comes to lung cancer, early detection can make a difference. Current and former heavy smokers have reduced their fatalities from lung cancer when regularly screened using a low dose computer tomography (CT) scanner. This safe, effective screening program is the only one like it in the area.

Patients receive a series of three CT scans provided annually over a three-year period. Dedicated assistance from a Nurse Navigator and a certified oncology nurse is also available as well as education, follow-up guidance and assistance finding community and smoking cessation resources.

A physician’s order is required to begin Medical Center Hospital’s Lung Screening Program.

Contact our Nurse Navigator at (432) 640-1578 to make your screening appointment.